



Psychological Assessment Note

Assessment Date: 2026-08-31

Internal ID: CC0019

Patient:

CPT Code: 96130

Place of Service: 11 (Office)

Rationale: Patient presented with multiple symptoms associated with Post-Traumatic Stress Disorder, Chronic (F43.12) on 2026-08-25. Clinician and [REDACTED] have agreed to ongoing psychological assessment of patient's psychological functioning and progress towards treatment goals to assist with better understanding of [REDACTED]'s functioning and to assist with treatment planning. [REDACTED] presented with cognitive complaints related to memory, attention, and executive functioning, requiring psychological assessment to monitor cognitive functioning, emotional regulation, functional impairment, and treatment recommendations. Psychological testing was determined to be medically necessary when as the following conditions were met (Select at least one of the following):

1. Measure a psychological disorder and its severity and functional impairment to determine psychiatric diagnosis when a mental illness is suspected.
2. Measure behavioral factors that impact management of the disorder.
3. Measure functional capacity to delineate specific cognitive, emotional, or behavioral bases of functional complaints.
4. Measure psychological barriers and strengths to aid in treatment planning.
5. Perform symptom measurement to objectively measure treatment effectiveness.
6. Measure and confirm or refute clinical impressions obtained from interactions with patients.

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Data: Professional time documented for this evaluation: pending finalization. This time covered integration of patient data, interpretation of test results and clinical data, clinical decision making, treatment planning, and report writing.

Assessment Battery: Psychological assessment involves the use of reliable and research-validated methods (including but not limited to clinical interviewing) and standardized tests to evaluate cognitive, behavioral, and emotional functioning, intellectual abilities, personality, and psychopathology. Domains assessed in a psychological assessment typically consist of mood/emotional conditions and symptoms, cognitive status, adaptive functioning, and behavioral and interpersonal adjustment. The administered assessment battery included the following measures:

1. Mood/Emotional Conditions and Symptoms:

1. Patient Health Questionnaire-9. (PHQ-9; Computer Scored-Clinician Reviewed)
2. Generalized Anxiety Disorder-7 (GAD-7; Computer Scored-Clinician Reviewed)

2. Adaptive Functioning:

1. Mini Mental Status Exam (MMSE; Clinician Administered)
2. Assessment of Change in Dynamic Functioning (ACDF; Clinician-Reported)

3. Behavioral and Interpersonal Adjustment

1. Acceptance and Action Questionnaire - 9 Item Version (AAQ-9; Computer Scored-Clinician Reviewed)
2. Loneliness Scale (LS; Self-Reported)

All measures in the assessment battery have either normed data or cut-offs derived from population metrics, making interpretation from a qualified health provider necessary.

Results: The specific results of the psychological evaluation as well as implications for treatment planning are included in the assessment report.

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Feedback: The feedback report was sent to patient via email on 2026-08-31. Interactive verbal feedback is scheduled during the next psychotherapy session.

Diagnoses after clinical evaluation: Post-Traumatic Stress Disorder, Chronic (F43.12)

Signed:

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